

Abiding Hope Christian Counseling, Ltd.
19115 FM 2252 Ste. 12
San Antonio, TX 78266
Telephone: 210-236-7768
www.abidinghopecc.com

MINOR INTAKE FORM

PLEASE PRINT

| | |
|------------------------------|-------------------------|
| TODAY'S DATE: _____ | HOME PHONE: _____ |
| NAME: _____ | CELL: _____ |
| ADDRESS: _____ | D.O.B. _____ |
| CITY: _____ | STATE: _____ ZIP: _____ |
| E-Mail address: _____ | |
| REFERRED BY: _____ | |
| SCHOOL IF STUDENT: _____ | GRADE: _____ |
| PARENT/GUARDIAN NAME: _____ | |
| RELATIONSHIP TO MINOR: _____ | |

Are you comfortable with the therapist praying at the end of each session? _____

Briefly list the reason for your visit? _____

Is your child presently under the care of a psychiatrist? Yes No

Is your child presently under the care of a physician? Yes No

If YES, complete authorization form on page 9.

Have they received any psychological testing? Yes No When? _____

Does your child have any medical, learning disabilities or mental health diagnoses?

Do they have a 504 Plan? Yes No Why: _____

Has your child been in counseling before? Yes No How long? _____

What medication is your child presently taking and for what conditions?

Is your child currently feeling suicidal? _____ If so, do they have a plan? _____

Have they been hospitalized for suicidal ideations? _____ When? _____

Has anyone in your family completed suicide? If yes, who and when: _____

Do they cut or do any other self-harm behaviors: _____

Is your child on a particular diet at this time? Please describe.

Please indicate any of the following symptoms your child has experienced:

- Anxiety How long? _____
- Depressed Mood How long? _____
- Low energy level How long? _____
- Racing thoughts How long? _____
- Poor concentration How long? _____
- Indecisiveness How long? _____
- Change in sleeping How long? _____
- Change in appetite How long? _____
- Angry outbursts How long? _____
- Crying spells How long? _____
- Lack of motivation How long? _____
- Weight change How long? _____
- Feeling others are against him/her How long? _____
- Excessive guilt How long? _____
- Isolation How long? _____
- Mood swings How long? _____
- Feelings of hopelessness How long? _____
- Low self-esteem How long? _____
- Difficulty with memory How long? _____
- Thoughts/plans of suicide How long? _____
- Self-harm How long? _____
- Thoughts/plans to hurt others How long? _____
- Alcohol use How long? _____
- Drug use How long? _____
- Bedwetting How long? _____
- Soiled pants How long? _____
- Trouble in school How long? _____
- Truancy How long? _____
- Trouble with peers How long? _____
- Disobedient How long? _____
- Conflict with family How long? _____
- Running away How long? _____
- Problems with the law How long? _____
- Rocking How long? _____
- Head-banging How long? _____

| | |
|---------------------|-----------------|
| ___ Destructive | How long? _____ |
| ___ Fire-setting | How long? _____ |
| ___ Harm to animals | How long? _____ |
| ___ Infantile | How long? _____ |
| ___ Sexual behavior | How long? _____ |
| ___ Lying | How long? _____ |
| ___ Over-active | How long? _____ |
| ___ Fearful | How long? _____ |
| ___ Impulsive | How long? _____ |
| ___ Phobic | How long? _____ |
| ___ Other | How long? _____ |
| ___ Other | How long? _____ |

Bio-Psycho-Social-Spiritual History of Minor

Please describe the problem/ circumstances that led to you seeking counseling for your child:

What changes would you like to see in your child as a result of counseling?

Please list the name, age and relationship of everyone presently living with your child:

Where was your child born?

Where has your child lived?

_____ Age when living there _____ to _____

_____ Age when living there _____ to _____

_____ Age when living there _____ to _____

_____ Age when living there _____ to _____

How would you describe your economic status?

___ Lower class ___ Middle Class ___ Upper Middle Class ___ Upper Class

In what ways has this affected your child?

Please describe your child's relationship with each of his/her parents:

Mother:

Father:

Siblings (age, gender, and relationship):

Please identify any history of divorce and/ or remarriage as related to the child's parents:

Please identify any significant relationships the child has had with step-parents:

Please describe any criminal history associated with either parents or step-parents:

Parental military service? _____ How does this impact your child? _____

Was your child adopted? Yes No Do they know? Yes No

Please describe the circumstances of the adoption:

Please describe any history of physical illness or injury in your family:

Please describe any history of psychiatric, emotional, drug/alcohol abuse, or other problems in your family:

Have they ever experienced trauma such as domestic violence (even as a witness), sexual abuse, sexual assault, war, car accident: _____

Please describe any history of sexual, physical, or emotional abuse of your child:

Has your child had any history of drug/ alcohol abuse or eating disorders?

Has your child had any history of serious illness, injury or hospitalizations? Please describe.

Has your child experienced any developmental delays? Yes / No If yes, please describe.

Were there any problems with the pregnancy or delivery of your child?

Has your child recently experienced any losses such as: a death of a loved one, loss of a job, house fire, loss of hopes or dreams, moving, deployment of a parent?

What do you perceive to be your child's greatest strengths?

What areas of your child's life do you feel need improvement most?

How would you describe the following areas: (Good, Okay, Fair, Poor)

A. Physical (exercise/nutrition) _____

B. Emotional _____

- C. Spiritual _____
- D. Mental health _____
- E. Family _____
- F. Friendships _____
- G. School _____

Please describe discipline in your home and who enforces it.

How has your child been affected by the pandemic? _____

Did your child attend school in person or virtually in 2020? _____

How would your child's teachers describe them? _____

Has your child been retained at school? Yes No What grade? _____

Is your child involved in extra-curriculars at school? _____

Please describe the role of religion and spirituality in the environment where your child lives.

What churches or denominations has the family primarily attended?

Is your child a part of a youth/church group? _____

Are you comfortable incorporating faith into the counseling process?

Abiding Hope Christian Counseling
Ginger Gray, LCSW Clinical Director
19115 FM 2252 Ste. 12, San Antonio, Tx 78266

Authorization for Release of Mental Health Information

I hereby authorize Ginger Gray, LCSW and Abiding Hope Christian Counseling, to disclose the individually identifiable health information as described below, which may include psychotherapy notes. I understand that if I do not sign this form, federal and state law will prohibit Ms. Gray and her practice from releasing records regarding her treatment of me/my child to the designated Recipient. By accepting the records pursuant to this Authorization, the Recipient acknowledges that the protected health information covered by this release is confidential, privileged and protected by federal and state privacy statutes and regulations, and agrees that Ms. Gray's release of the individually identifiable health information will continue to be protected by federal and state privacy statutes and regulations.

| | | |
|--------------------|---------------|------------------------|
| Print Patient Name | Date of Birth | Social Security Number |
|--------------------|---------------|------------------------|

Date(s) of service (if known): _____

Description of information to be released: (check all that apply)

| | |
|--|---|
| <input type="checkbox"/> Entire Record | <input type="checkbox"/> Evaluation Reports |
| <input type="checkbox"/> Billing Records | <input type="checkbox"/> Consultation Notes |
| <input type="checkbox"/> Psychotherapy Notes | <input type="checkbox"/> Other _____ |

Description of the purpose of the use and/or disclosure: _____

The individually identifiable health information described herein shall be released to:

[INSERT NAME AND ADDRESS OF DESIGNATED RECIPIENT]

I intend for this Authorization to remain in full force and effect until I revoke it in writing. Further, it is my intent that a copy of this Authorization shall have the same effect as the original.

I further understand that I may revoke this authorization at any time by notifying Ginger Gray, LCSW in writing at Abiding Hope Christian Counseling, 19115 FM 2252, Suite 12, San Antonio, TX 78266. I also understand that the written revocation must be signed and dated with a date that is later than the date on this authorization. The revocation will not affect any actions taken before the receipt of the written revocation.

| | |
|--|------|
| Signature of Client or Client's Representative | Date |
|--|------|

Printed Name of Client or Client's Representative

| | | |
|------------------------|----|---|
| Relationship to Client | or | Legal Authority (attach supporting documentation) |
|------------------------|----|---|